### Cumberland High School

**Quality Education in a Caring Environment**

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Email: cumberland-h.school@det.nsw.edu.au

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**Issue 4**

**19 May 2015**

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**Events for Term 2 2015**

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<td>Year 7 &amp; 12 Parent Teacher Night</td>
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<td>School ID Photo - Catchup</td>
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<td>20 May</td>
<td>Big Science Competition</td>
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<td>Helmsmen Project – Coaching 8.40am</td>
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<td>25 May</td>
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<td>26 May</td>
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<td>28 May</td>
<td>PYLO Talk to Year 8 at 11.45am</td>
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<td>Senior PDHPE &amp; CAFS – MBS Festival</td>
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<td>Athletics Carnival backup date</td>
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<td>2 June</td>
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<td>3 June</td>
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<td>PYLO Talk Year 9 at 9am</td>
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<td>Zone Athletics Carnival</td>
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<td>8 June</td>
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<td>9 June</td>
<td>Parent Teacher Night Year 10 &amp; 11</td>
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<td>16 June</td>
<td>ICAS Spelling Test</td>
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<td>Helmsmen Project Presentation 9.30-12.30</td>
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**Cumberland High School**

**Representing NSW at Gallipoli 2015**

Cumberland High School was extremely honoured to be one of 25 schools from NSW to be selected to represent the new generation of Australians at the 100th Anniversary of the Gallipoli landing.

Students Ronan Brehony (Yr 12), Georgia McPherson (Yr 12), Suzi Monaghan (Yr 12), Luke Salt (Yr 11) and supervising teacher Mr Bradley Smith participated in the extraordinary nine-day Gallipoli tour during which they visited historical sites and First World War battlefields in Turkey and attended the Anzac Day Dawn Service at Gallipoli.

Their experiences were recorded through the blog developed by Mr Smith: [https://cumberlandtogallipoli.wordpress.com](https://cumberlandtogallipoli.wordpress.com).
ANZAC DAY CEREMONY

Many schools from Hills district were involved in the Anzac Day Ceremony at Castle Hill including six of our very dedicated Year 11 students and our fabulous Ms Leanne Carroll. The Year 11 Modern History students had all researched a WWI veteran from that area and therefore the day had special significance. They all marched in the parade carrying a flag to represent veterans from that district. Congratulations Leonida Najdovska, Jaymee Verey, Gemma Ward, Matthew Salmon, Paul Morian and Alan O’Shea!

Stephanie Darcovich and Nikola Nadjovski - Parramatta Dawn Service.
Thank you to Mr Condell for coordinating CHS’s participation in this event!
The Helmsman Project - 5 day sailing expedition on the James Craig
Our courageous Year 9 Helmsman Project team had an unforgettable experience on the James Craig during the week that the fierce storms hit Sydney. Our girls were resilient and positive throughout the adventure and successfully overcame many challenges! Well done team and well done Ms Nelson!

New staff
We have welcomed this term 2 fabulous members of staff - Ms Micaela Abbott (HSIE teacher) and Ms Angie Sisala our new Career’s Adviser. Ms Sisala has created a careers facebook and is exploring new ways to connect with our students. (Please see her section in this newsletter – Cumberland Careers Corner.)

Our outstanding new Mathematics teacher, Mr Geoff Bell has also made a wonderful contribution already in the very short time that he too joined the Cumberland teacher team.
SENIOR STUDENTS WITH A STUDY PLAN.
As our Year 12 students reflect on and analyse their half-yearly results and our Year 11 students complete their exams, I have offered the library space for after school study sessions to provide our students the opportunity to create peer study groups and utilise this resource every Monday and Wednesday afternoon.

The timetable will be as follows:

**Monday 3:00 - 5:00**
- Mon 18 May - Centre open
- Mon 25 May - Centre open
- Mon 1 June - Centre open
- Mon 8 June - Queen’s birthday - School closed
- Mon 15 June - Centre open
- Mon 22 June - Centre open

**Wednesday 2:30 - 4:30**
- Wed 20 May - Centre open
- Wed 27 May - Centre open
- Wed 3 June - Centre open
- Wed 10 June - closed
- Wed 17 June - Centre open
- Wed 24 June - Wauchope

Ms Sisala and I will be interviewing all Year 12 students over the next couple of weeks to identify student goals and career aspirations and the way in which the school can assist students in planning for post-school destinations.

**Mechel Pikoulas**

**Principal**

**DP Report**

**Newsletter Article**

Term 2 has had a smooth start with Year 11 completing their first big examinations with their Half Yearly Examinations. Students should listen carefully to the feedback from their teachers about how they can improve further on their marks. The exams also mark the start of our monitoring and support program for Year 11 ‘The Program for Improvement’.

The Program for Improvement begins Week 5 after students are nominated by their teachers if they are seen to be in need of additional counselling, monitoring and support because they are currently not meeting requirements and are at risk of not successfully completing their Preliminary HSC Course. Students will be interviewed to determine their area(s) of need and any issues that may be affecting their application to their studies.

Students on the Program for Improvement will be monitored and supported by their teacher(s) for a period of 5 weeks, with a report submitted by their teacher on their progress at the end of this time. If there is further need to continue the program students may progress onto Phase 2 and then Phase 3 of the program.

**P. Wood**

**Deputy Principal**
PARENT TEACHER NIGHT

Dear Parents and Students,

It is that time of year when our dedicated staff at Cumberland High School meets with parents to discuss student’s progression throughout the year.

The dates are as follows.
Year 7 & 12: 18th May 2015
Year 10 & 11: 9th June 2015
Year 8 & 9: 20th July 2015
We hope to see you there.

CUMBERLAND HIGH SCHOOL
P&C Inc. UNIFORM SHOP

Dear Parents and Students,

Currently, our uniform shop is in a transition period resulting in the shortage of some of our uniform items. Stock has been ordered and new items should arrive soon.

Thank you so much for your patience.

P & C Uniform Shop Committee and Shop Staff
Centenary of Anzac Commemoration Ceremony

Sunday 19th April 2015

The ANZAC Sunday Commemoration Service on the 19th April, 2015 began at 8am at the assembly hall of St Angela’s School in Harrington to commemorate the ANZAC veterans and other serviceman in different conflicts and their sacrifice for their mates and their way of life.

The ceremony began with a march from the school to the adjacent oval with the involvement of veterans, bands, youth groups and students from the local area. Six Cumberland High School students: Matt, Paul, Alan, Jaymee, Gemma and Leonida from 11 Modern History, were given flags which had the name of a veteran that they had studied in class. They moved themselves into military-like structure lines, where they remained for the majority of the ceremony.

General David Hurley officially opened the launch of the Centenary of ANZAC with an introductory speech thanking veterans for defending and representing Australia and to ensure that this country remains the great nation that it is. The General then introduced the Castle Hill Public School Choir to sing “The Recessional” Hymn and following them, the RSL Club President recited the “Prayer of Thanksgiving”. The Youth Ambassador then continued on by reading an ANZAC poem followed by a prayer for The Queen which was read by one of Castle Hill High School’s captains. The school captains then continued with reading a prayer for the nation. The Castle Hill Public School choir then sang the hymn, “Lead Kindly Light”, which was followed by the guest speaker who read out the “Commemorative Address”. Monsignor John Boyle read the Commemoration of the fallen and then was continued by John Gray.

The students were asked to step forward and place their flags next to the cenotaph along with others who were asked to place a wreath at the base of the cenotaph. After the placement of flags, the Last Post was played and the General then read an extract from the “Ode”, followed by a minute silence which concluded with the trumpeter sounding the “Reveille”. Finally the National Anthems of New Zealand (in Maori and English) and Australia were sung thus concluding the ceremony.

We remember the sacrifice of such men and women of ANZACS who accepted gladly the responsibilities asked of them in defending and representing Australia. Anzac Day is an important day for the commemoration of all Australian and New Zealand veterans who served their countries and the world.

By Gemma Ward and Paul Morian
ANZAC DAWN SERVICE

On Saturday, April 25, ANZAC Day Nikola Najdovski and myself proudly represented Cumberland High School at the Parramatta R.S.L Dawn service, marking the 100th anniversary of the first landing of Australian and New Zealand troops at Gallipoli and their entry into World War One. The march started at Parramatta RSL at 4:15am when we made our way to Prince Alfred Memorial Park for the dawn service, where we listened to various speakers commemorate and convey the significance of the ANZAC legend through stories, prayers, poems and speeches. Following this we had the privilege of laying a wreath in remembrance of those who have fallen in war. This experience has deepened our understanding of the sacrifice many made on our behalf.

Lest We Forget.
Stephanie Darcovich
Meet the Business Leader

The best way to find the path to success is to speak to those who have walked it. That’s why we’re bringing together some of the most successful professionals from across Australia to answer your questions about the world of business, and how you can shape it.

You’ll be able to ask them questions like:
- Where’s the best place to do a cadetship locally?
- What skills should I be trying to develop?
- What advice do the business leaders wish they had received at the start?
- What should I study, and where?

Your local ‘Meet the Business Leader’ event will be held on: Wednesday 20 May 2015, 5pm-8pm

Defence Jobs – Information Sessions

Defence Force recruiting will have the following information sessions:

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<thead>
<tr>
<th>Role</th>
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<tbody>
<tr>
<td>Pilot</td>
<td>Mon 11th May 2015</td>
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<tr>
<td>Army Reserve</td>
<td>Tue 12th May 2015</td>
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<tr>
<td>Army</td>
<td>Thu 14th May 2015</td>
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<tr>
<td>Navy</td>
<td>Mon 18th May 2015</td>
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<tr>
<td>Engineering</td>
<td>Tue 19th May 2015</td>
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<td>ADF Fitness</td>
<td>Wed 20th May 2015</td>
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<tr>
<td>Army Reserve</td>
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<td>Health Roles</td>
<td>Thu 21st May 2015</td>
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<tr>
<td>Army Officer</td>
<td>Mon 25th May 2015</td>
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<tr>
<td>Air Force</td>
<td>Tue 26th May 2015</td>
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</table>

Information sessions will run from at 6.30pm to 8.30pm in Parramatta, Mona Vale or Holworthy.

New Careers Adviser!

Cumberland High School has a new Careers Adviser, Mrs. Sisala. Feel free to make an appointment to visit the Home Economics Staff Room (Block A) or pop in during recess or lunch for information, advice and guidance to help you make choices about your education, training and career planning.

For more information about the following opportunities, come visit Mrs. Sisala in the Home Economics staff room. (Block A)

‘Like’ and ‘Join’ Cumberland Careers Corner at:

https://www.facebook.com/CareersCorner
https://edmo.do//2qdku5

TVET 2016 Course Guides

North Sydney Institute of TAFE Course Guides for 2016 are now available. TVET courses are TAFE-delivered Vocational Education and Training that can be taken while you’re studying for your Higher School Certificate that can help you gain practical skills towards your chosen career.
Western Sydney Careers Expo

Year 12 will be attending the Western Sydney Careers Expo on Thursday 18 June Halls 5 & 6 Sydney Showground, Sydney Olympic Park. Please return permission notes and payment by Friday 12 June.

Exhibitors include:
✓ Universities, tertiary institutions and training colleges
✓ HSC textbook and study guide publishers
✓ Providers of tertiary courses and career information
✓ Providers of gap year and student exchange programs
✓ Apprenticeship and employment organisations

Seminars on HSC subjects and topics including:
✓ English
✓ Mathematics
✓ course, career and study advice
✓ UAC application processes for Years 11 and 12 students
✓ employment options

Job Corner

✓ 2016 Accounting Cadetship – two positions available.
  The cadet position will allow the successful applicants to combine part-time uni study with full-time employment at our Parramatta accounting practice, as well as enjoying the benefits of joining a young and enthusiastic team of 20 staff in our progressive practice.
  Applications close 19 June 2015. For more information, go to: www.champion.com.au

✓ Engineering &Technology Cadetships (ETCAD)
  For Year 12 students who would like to pursue a career in Engineering or in ICT/business.
  Engineering Cadets combine an engineering degree with work at Rolls-Royce and Technology Cadets combine either an ICT-related degree or a business degree with work at Westpac.
  Program Director: Alister Wilkinson.
  Contact: director@professionalcadets.com.au
  Applications close: 12 June
  Website: www.professionalcadets.com.au
Market Day! is a combined assessment activity for Year 9 Commerce and Year 11 Business Studies students (around 90 students in total). It culminates with a business plan from groups involved and the running of stalls in the school COLA over one lunch time. Students are assessed by their peers in Years 10 and 12 respectively. A lot of effort goes into the day and the end result is always positive, i.e. lots of food, drinks, games, smiling faces and satisfied customers. This is Cumberland’s 3rd Market Day and it gets better every year. Congratulations to all of the students involved!

Ms Carroll, Ms Rigg, Mr Lummis, Mr Hunter – HSIE Teachers.

What I gained from Market Day!

➤ Management Skills – Being the leader of my group I had to take care of issues that arose and make sure that set tasks were handed in on time. I learned that it’s good to plan well beforehand and to allocate tasks to reliable people because this reduces stress levels.

➤ On Market Day I realised how this assessment task united the entire school and changed the standard environment.

➤ I’m glad that our group made a profit due to our consistent hard work.

➤ Creating a business plan helped us foresee upcoming problems, providing us with enough time to find a solution.

➤ Market Day gave Year 9 and 11 students a sense of responsibility as well as teaching them how a business works in real life situations. It was also a lot of fun.

By Akshar Bojraj, Yr 11 Business Studies Student
TED Talks Cumberland

The Library is running a TED Talks Competition and is seeking **expressions of interest** from students. TED stands for Technology, Entertainment, Design and is a worldwide phenomenon consisting of roughly 10 minute long speeches on different topics including: culture, science and topical issues.

TED runs with the logo ‘Ideas worth spreading’, so we would like to see what ideas the students at Cumberland High are passionate about and believe are worth spreading!

We will be looking for students to pick a topic to write and deliver a **3-5 minute presentation or speech**. This will have to consist of some form of research by the student into the topic area to enable students to gain research skills and begin to critically analyse and interpret information.

You can have a **slideshow** playing or bring along **props** to assist with your presentation if needed. The possible topics are endless, and can be as general or as specific as you want. Examples include; a spoken word poem, discussing an area of history, educating us on scientific breakthroughs, presenting an argument for video gaming to be used in education, sport as a notion of peace or a new way of approaching a social issue such as youth homelessness.

Various TED Talks will be **streamed in the Library** (Annex) at lunch times to help inspire students.

This is a great opportunity for students to research and discuss an area of interest to them and demonstrate their knowledge and passion to others. If you are interested in being a part of Ted Talks Cumberland, or you think you might have a good idea, **please come and speak with Mrs Hupalo** in the library!

**Expressions of interest will close on Friday, May 15th.**

To get the creative juices flowing here are a few previous TED Talk topics –

“What happens when our computers get smarter than we are?”

“The hidden reason for poverty the world needs to address now”

“Gaming can make a better world”

“What adults can learn from kids”

“What I learned as a kid in jail”

“How to spot a liar”

“A love poem for lonely prime numbers”

“I got 99 problems, Palsy is just one”

The Library will also be steaming Q&A every Tuesday lunchtime, come and be a part of the conversation!
MATHS PUZZLES

Did you know that Maths is being used every day in problem solving?

Half the time, we don’t even realise that we are using maths!!!!!!

For example:-

- Will my bag fit through that door?
- How many sausages do I need to buy for the school BBQ?

The following are a small collection of puzzles that you may want to solve. The answers will be provided in the next newsletter.

1. How strange! All these farmers are called Brown, but in different languages. However, there is something even odder. There is some connection between the name and the number on the tractor. Hint: Sometimes, endings are more important than beginnings. What number should Bruno have?

2. If the carpet had to be replaced in all the classrooms (not the corridors or staffrooms etc) of Cumberland High school, approximately how many square metres will be needed? How did you work it out?

NOTE: Ignore carpet widths.

3. The secret number has two digits.
   Both digits are less than 8.
   The first digit is 0, 3, or 6.
   The second digit is also 0, 3 or 6.
   Count by 3s. 3... 6... 9...
   The 12th number you count is the secret number.
   What in the world could the secret number be?
Cumberland High Boys Volleyball win the Schools Cup Open Division Tournament

The Cumberland High School Boys Volleyball Team won the second NSW Schools Cup Open Division tournament for 2015, which was held in Newcastle on the 29th of April.

The boys won all three pool matches in straight sets. The first pool match was against Dungog, which Cumberland won 25-20 and 25-21. The next pool fixture involved Maitland taking the Cumbo boys to 26:26 before we prevailed 28:26. The final pool affair was between Cumbo and Hunter Sports, with our boys flogging the Hunter boys 25-7 in the first set, wrapping up the match 25-22 in a much closer second set.

The final was played against a much improved Dungog team who stunned our boys and took the first set 25-13. However, the Cumb Boys rallied and played very good volleyball to level the match with a 25-9 decimation of Dungog in the second set. The final and final set saw Cumbo go out to an 8-4 lead at change of ends, but Dungog weren’t finished with and regained 2 points to make it 8-6. They only got one more point on the day as our boys closed out the set and a rare competition victory by a Cumberland High volleyball team. The final set was won by 15-7.

Zeel Nizama served extremely well, setting and organizing the team whilst our captain, Ali Rizarie, had a brief rest in Match 3. Zeel’s serving is ever reliable and powerful! He loves volleyball and is always improving!

Brad Stevenson was the only player to play every point of the 9 sets played on the day. His serving was more consistent than before and his setting and spiking were fantastic. He saved us with great placement of the volleyball on many occasions!

Ali Haidary played strong...around 10 powerful serves in succession in the second set of the final were most impressive. His powerful hitting, chases and good passes helped out a lot!

Sam Bradbery, playing his first volleyball tournament from the bench, impressed. His passes and hits were sound. He even did a very confident jump serve which was brilliant!

Mojtaba Razaee is a good team man! He did his duties, looked after the equipment and got some time from the bench on the court where he made some good passes, sets and serves.

Kasra Hashem Pour provided stability and calmness on the court! His serves were fabulous, taking $5 off the coach after serving TWO successive serves that hit the net and drop over...getting us two very handy
points! His spikes, chasing and passes were great!

Erfan Fazeli had a solid tournament. He served a string of great serves in the final and deciding set with power and accuracy. His passing was good. Erfan, “the Falcon” or “Ergan” always keeps us amused!

Nick Lazaevic worked well with Zeel in combination. His hits, passes and serves were all good quality. Nick is the tallest timber in our team and his height is most valuable to the team.

Ali Rizarie. What can I say?! Brilliant volleyball player, tactician and captain!!! He organised and led the team so well. His serves, sets, passes and tips are amazing. He jumps so well and generates so much power. I just love watching Ali play this sport!

In a tough decision, I award **man of the match honours** to Brad Stevenson for his enormous maturity and physical prowess that was so essential in winning the completion. Certainly, this is the best game of volleyball that I’ve seen Brad play!!!

It was a pleasure coaching the boys on the day. Thanks to the school executive and Mr Pearson for allowing us to attend the competition. Thanks to Ms Nicholls for replacing me on the day. Thanks also to our driver and no 1 supporter, Mr Gambino!

**Keith Thomas – Volleyball Coach**

From the NSW volleyball website:

“In the Open Boys division, Maitland took on Hunter Sports for the bronze, while Dungog faced Cumberland to try and win the prestigious gold medal. They were successful in the first set (25-13), but Cumberland rallied their team to come back in an amazing effort and example of skill and heart to win 2:1”.

Term 2 has kicked off with a number of sporting events at school, zone and regional levels. Cumberland is still competing strongly in a number of SW Knockout competitions. Our Athletics Carnival is fast approaching. Preparations are also underway for the annual Cumberland versus Wauchope competition which Wauchope are hosting this year. Here is a snapshot of the past few weeks.

- Boys Soccer – 2/4/15 Round 2 against Greystanes WON 4-1
- Girls Hockey – 2/4/15 Round 2 against Glenwood LOST
- Girls Basketball – 30/3/15 Round 3 against Pendle Hill HS – WON by Forfeit

Upcoming games over the next few weeks:

- Girls Basketball – 29/5/15 Top 8 Gala Day
- Girls Volleyball – 5/5/15 Round 3 against
- Boys Hockey – Round 2 against TBC
- Boys Touch – 8/5/15 Round 1 against Nepean HS (home)
- Girls Touch – Round 1 against Rouse Hill HS (home)
- Boys Cricket – TBA Round 4 against TBA (home)

### UPCOMING EVENTS

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<tr>
<td>School Athletics Carnival</td>
<td>Friday Week 5, Term 2 (22/5/15)</td>
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<tr>
<td>Zone Athletics – Day #1</td>
<td>Week 7, Term 2 (3/6/15)</td>
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<tr>
<td>Zone Athletics – Day #2</td>
<td>Week 7, Term 2 (4/6/15)</td>
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<tr>
<td>Cumberland vs Wauchope</td>
<td>Week 10, Term 2 (24/25/26 June, 2015)</td>
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### CUMBERLAND VS WAUCHOPE 2015

The annual Cumberland vs Wauchope visit is nearly upon us – again! For those of you who are first-time Cumberland parents this year, a little background information:

Each year since 1976 there has been an annual sporting/cultural/social exchange between the students and staff of Cumberland and Wauchope High Schools. Wauchope is a small country town about 20 km inland from Port Macquarie on the North Coast. Each year 100 students are selected from each school to make up the various teams that will compete for the Jack Parsons Memorial Shield. We take turns hosting the event and this year it is Wauchope’s turn to provide the accommodation. This year, we will be celebrating the 40th Anniversary of the event.

Students – Please make sure you attend all trials for as many sports as you can to give yourself the best chance of making the team.

Last year we had great success and would like to retain the Jack Parson’s Memorial Shield in 2015.

### ZONE CROSS-COUNTRY CARNIVAL

A Cumberland team of fifty five students competed in the Zone Cross-Country Carnival held on Wednesday 29th April at Macquarie Sports Fields. Our best results on the day included:
Well done to all our competitors and good luck to those going on to the Sydney West Cross Country Carnival.

**SCHOOL ATHLETICS CARNIVAL**

This will be held on Friday 22nd May at Barton Park. This is a whole-school event and it is always a fantastic day where all students get behind their peers as they compete for house points and Zone representative honours. An information note will be issued outlining travel arrangements and organisation for the day.

**Events**

- Students will be competing in age groups
- Remember, it is the age you turn THIS YEAR
- You will be able to compete in track events (100m, 200m, 400m, 800m) and field events (discus, high jump, javelin, long jump, shot put)
- Nominations to for Zone athletics will be taken for hurdles, triple jump and long distance events

**Food and Drink**

- The prefects will be conducting a barbecue on the day and selling drinks and lollies
- Bring your money so that you can buy lunch

**House Points**

- Don’t forget the House Championship which is awarded at the end of the year – the Athletics carnival points will be added to points from the Swimming and Cross-country carnivals.
- There will also be bonus points up for grabs for the house with the best attendance
- However, normally the house with the most people participating in events wins the carnival as everyone who participates will earn points for their house.

**Carnival Bandanas**

- As you know, we wear FULL SPORTS UNIFORM to all carnivals but we will be selling bandanas in House colours for you to show your support at the Athletics Carnivals
- They will be $2.50 each and can be purchased from the PE staffroom

Get behind your house and have a great time at the Athletics Carnival!

**TERM 2 SPORT**

Winter Grade Sport is underway in the following sports:

**BOYS**

- Soccer 15’s
- Soccer Opens
- Rugby League 15’s 7-a-side
- Mixed Frisbee Opens

**GIRLS**

- Basketball 15’s
- Basketball Opens
- Touch 15’s
- Soccer Opens
- Mixed Frisbee Opens
GRADE SPORT

Teams playing away at the other schools and catching the bus meet their teacher at 12:15pm in the COLA.

When traveling away, students are required to catch the sports bus and must purchase a **Sport Bus Pass at a cost of $6 for one Wednesday Sport Bus Trip (or multiple weeks can be purchased)**, payable to the FRONT OFFICE on any day prior to travel.

- Students will not be allowed to board a bus without a Sport Bus Pass.
- Passes can be purchased individually at a cost of $6 per week from the FRONT OFFICE
- Passes are transferable and the same pass may be used for siblings i.e. two students from the same family travelling to an AWAY game will cost $12.

**Grade Sport Draw – Winter Competition 2015**

<table>
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<th>Week</th>
<th>Date</th>
<th>Round</th>
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<td>3</td>
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<td>27/5/15</td>
<td>4</td>
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<td><strong>Term 4 Grade Sport Trials</strong></td>
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A reminder that Wednesday afternoon sport is compulsory for all students in Years 8-11. All students must be part of either a Grade Sport team (competing against other schools) or part of a Recreational Sport Group (various activities on school grounds).

**GRADE SPORT Reminder:**

- **FULL SPORTS UNIFORM IS COMPELLARY.**
- Failure to meet uniform requirements may result in a grade team FORFEITING.
- **SLIP-ON SHOES** are NOT PERMITTED

*Miss C Brown*  
*(HT PDHPE)*

*Miss O Nicholls (PDHPE Teacher)*
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