What an exhilarating finish to a spectacular Term 2 and what a wonderful way to commence Term 3! Never before have I seen such passion and commitment from staff and students, outstanding sportsmanship from our student athletes and a remarkable team effort by all to drive the Parson’s Shield home! What an extraordinary achievement for our whole school community and such an exceptional and vibrant demonstration of the CUMBERLAND SCHOOL SPIRIT! We have, without doubt, highlighted as a school community that the greater the challenge – the greater our conviction and determination! Go Cumberland GO!

I’d like to take this opportunity to thank our FANTASTIC caterers (Mr Torr, Ms Neale, Mrs Harvey and all the Hospitality students), our PHENOMENAL School Band and Mr Andrews for welcoming our Wauchope visitors with musical splendour, FABULOUS SRC and Ms Cassell for organising the school disco, the AWESOME Hall Crew and Mr Torr, our SUPER coaches (Mr Scurfield, Ms East, Ms Nicholls, Mr Thomas, Mr Gambino, Ms Ashton, Mr Smith, Mr Condell, Mr Lal, Mr Pearson and Ms Brown), our BRILLIANT PDHPE TEAM with special thanks to Ms Nicholls, Ms Brown and Mr Pearson (the Father of Wauchope) for all the months, weeks, days and hours spent coordinating teams, billets, venues, school organisation for the three days etc), and our EXTRAORDINARY students and COMMITTED families for welcoming our Wauchope friends into your homes! What a magnificent team effort!

GO CUMBERLAND COBRAS GO!
Term 3 has started particularly well with a number of school successes already. Our achievements in the first three weeks include:

**VET AUDIT**
As part of DEC evaluation processes we had a team of external assessors examining our VET courses (Vocational Education and Training Courses – including Hospitality and Construction). Congratulations to our wonderful VET team for an absolutely brilliant effort and fabulous result. The auditors made numerous comments about the enthusiasm, passion and commitment of staff, the warm welcome, excellent structure and support of VET in our school! Many thanks to our VET Coordinator, Mr Walter and our VET Team, Mr Torr (Head Teacher TAS), Mr Pillay, Mr Lockeridge, Ms Neale and our fabulous Ms Harvey and Ms Edwards for all the additional VET support!

**BUS SHELTER**
We have also had the completion of the bus shelter project thanks to the wonderful work of our fabulous Deputy Principal, Mr Wood and we are now embarking on acquiring our school bus.

**PERSONAL BEST ASSEMBLY and ACADEMIC EXCELLENCE YEAR MEETINGS**
Thanks to the fabulous Ms Karbon and Ms Webb for the wonderful Personal Best Assembly. What a fantastic celebration of student success and our guest speaker Krisnan Inu was the perfect addition to what was a truly inspirational event.

Much gratitude to our Year 8 Year Advisor, Mr Pillay and Assistant Year Advisor Ms East who organised a motivating year meeting to acknowledge the academic excellence of students in Year 8 as reflected in their reports as did Year 9 Year Advisor, Ms Nicholls and Assistant Year Advisor, Mr Lockeridge for the Year 9 cohort.

**ESL SURVEY**
Our exceptional ESL Coordinator Mrs Khan and ESL Team (Ms Ngui, Ms Rajic and Mr Chowdhury) have been very busy assessing, collating and entering our ESL (English as a Second Language) data. This is a significant part of data collection and Ms Khan has done an extraordinary job processing all of that data to support our ESL learners.

**REPORTS AND PARENT/TEACHER INTERVIEWS**
Our new reporting team (Ms Ashton, Ms Karbon, Mr Commons and Ms Macasaquit supported by the training of Mr Andrews) worked to ensure that all reports were ready for our Parent/Teacher interviews.

The Year 8 and Year 9 Parent/Teacher interviews provided another wonderful opportunity for our teachers to provide valuable feedback to parents and students to inform study patterns and collaboratively identify clear learning goals for the Semester 2 reports. Many thanks to the wonderful Ms Bower and the English Faculty for organising our Parent/Teacher interviews.

**SUBJECT SELECTION EVENING**
Mr Condell (Head Teacher HSIE/Curriculum Coordinator) and Mr Walter (Careers Advisor/ VET Coordinator) organised a very informative Subject –Selection evening on Tuesday 29 July. This event was well-attended and highlighted curriculum opportunities for Year 10 students as they prepare for entry into the Preliminary Course. All Head Teachers have presented at numerous information workshops to ensure that students make decisions that will support the best result in their Higher School Certificate. Many thanks to Mr Condell, Mr Walter and all Head Teachers as they support Year 10 during this very important future-focused process.
DIGITAL CITIZENSHIP WORKSHOPS
Ms Brown is to be congratulated again for the fantastic Digital Citizenship workshops which involve 50 student leaders from all year groups leading engaging, informative and valuable Digital Citizenship sessions to all students. Topics in this series of workshops included online profile safety, illegal downloads and being ‘social media smart’.

SCHOOL PLANNING
As a school, we have commenced the strategic planning process for our next three year plan (2015-2017). All stakeholders will be involved in this process of defining school vision, identifying school priorities and mapping the most effective processes to maximise school success. We will be inviting all parents, students and teachers to be involved in this collaborative strategic planning process and we look forward to parent and student input and voice. Surveys, forums and meetings will be held throughout this semester to provide parents, students and teachers opportunities to articulate our vision for the school.
WHAT A FABULOUS START TO THE TERM!
Mechel Pikoulas
Principal

Personal Best Assembly
On Monday 21st July the annual Personal Best Assembly was conducted in the school hall recognising all those students who consistently try hard at completing their class work to the best of their ability. Students, parents, relatives and friends joined with staff to celebrate the efforts of these students. I want to recognise the work of staff, especially Ms. Karbon, who put in a lot of hard work to organise this important successful school event.

Anti-Bullying Policy
Cumberland High School is committed to providing a safe and caring environment that fosters respect, responsibility and excellence. Bullying is not tolerated in our school and will not be accepted in any form. All students have the right to expect that they will spend the school day free from the fear of bullying (including cyberbullying), harassment, intimidation and victimisation. Bullying is taken very seriously at Cumberland High School and dealt with promptly when reported. Please report any incident of bullying to the school so that it can be dealt with appropriately and with complete confidence that students experiencing such negative behaviours from others will be protected and should not fear retaliation from bullies if they disclose their problem to a trusted adult. Information and identities will be treated with total confidentiality and where the victim is empowered through consultation and an outline of the approaches and strategies that can be used to address the issues.

P. Wood
Deputy Principal

Mentoring Program for Year 11 – Seeking Mentors
The school is currently developing a vocationally-based mentoring program for Year 11 students who would benefit from having an interested and experienced adult to guide them with making choices and to develop career goals for the future. A similar program has been proven highly successful in a few schools including Crestwood and Glenwood High Schools. The program will run in the mornings from about 8.00am to 9.00am for up to 20 weeks with at least one mentor session per month at the school.

The idea is for interested mentors to volunteer to be placed on our data-base to be potentially matched with a student that has an interest in your particular area of expertise or work. Training in being a mentor, as well as being a mentee will be conducted once the matches have been arranged.

More detail will be made available as the program develops over the year. At the earliest this new program will not commence until Term 4. If you would be interested in being part of this new program as a mentor and can give some of your valuable time to support a young person in their growth and development please contact me on the school number – 9871 7718
Laura Crockart, who completed Year 12 studies at Cumberland in 2013, placed 8th in the final of the 800m freestyle for women at the Commonwealth Games in Glasgow.

This event is the event that Australia’s Tracey Wickham made famous and even though they didn’t place in medal positions, the three Australian ladies pushed the medallists. Locky Reid, the Network Ten commentator said: “They’re only youngsters…so there’s plenty of time for Crockart, Atwood and Bowles to step up and have input on the international stage”.

Laura is only 19 and should benefit enormously from this international experience as a distance swimmer if selected for the Australian Olympic team for Rio in 2016.

A great effort Laura and best wishes for the future!!!

SCIENCE REPORT

Stage 6 Chemistry Day at University of Western Sydney

On the 17th June the Year 12 Chemistry class made its way to University to Western Sydney (UWS) to conduct two experiments - the Atomic Absorption Spectroscopy of sodium ions in Gatorade and the gravimetric analysis of sulfate content in lawn fertiliser. The half-day excursion began with a quick try-on of lab coats (alongside Bankstown Girls High School) before we were shepherded to a lab where we would begin our first experiment.

The first experiment we did on the day was the atomic absorption spectroscopy (AAS). AAS is a technique where concentration of metal ions in solution can be quantitatively detected. This was a brilliant start to the day as the scientific equipment used is not available at school and was truly fascinating to observe. Ms Spirou, our LMC Science coordinator, was extremely patient and helpful as she explained and guided us in conducting the correct AAS procedure. First we had to dilute a small amount of sports drink and then analyse this prepared sample in an Atomic Absorption Spectrophotometer. The calibrating instrument measured the absorbance in each of our samples and from the results we had to draw a calibration graph to determine the sodium ion concentration of our samples. Many of the students were able to obtain valid results and any discrepancies or difficulties we had were explained thoughtfully by Ms Spirou and our teachers – Mr. Tang and Mrs. Kalpage.

Afterwards, we swapped laboratories and prepped for our second experiment. For our second experiment, we had to determine the sulfate content of a lawn fertilizer by gravimetric analysis. The experiment involved weighing out accurately the powdered lawn fertiliser and adding deionised water to dissolve the crystals. Hydrochloric acid was added to the solution and the mixture was heated on a hotplate. Barium Chloride was then added to precipitate the sulfate. After the mixture coagulated, we filtered it with care through vacuum filtration using a Buchner funnel, flask, adaptor and tubing. The solids were then transferred to a weighed watch glass to be dried in an oven. Some groups were able to transfer the solids without damaging the filter paper, which contributed to valid and accurate results. This first-hand investigation is required in the HSC Chemistry syllabus and performing it in UWS enabled us
to utilise appropriate equipment and techniques such as vacuum filtration which increased the validity and accuracy.

With both experiments done it was time to return our lab coats (sadly) and head back to school. Thank you to Mr. Tang and Mrs. Kalpage who organised this exceptionally fun and informative experience which has built a fine foundation for our HSC Chemistry course in regard to both AAS and gravimetric analysis.

Amanda Chiam, Tomas Wee and Sean Lim (Year 12 Chemistry)

**National Science Week** is close!

This year, the school theme for National Science Week 2014 is *Food for our future: Science feeding the world.*

This is very appropriate, as part of the festivities, we will investigate food innovations involving liquid Nitrogen and dry ice. I can smell the vanilla and chocolate now! CHS is famous for celebrating Science Week. This year we have some tried and true activities such as the Brain Break science trivia morning tea plus some exciting new additions and even a return visit from the *Surfing Scientist* and star of *Catalyst*, Reuben Meerman. We look forward to the whole school community helping us to celebrate National Science Week.

**12 Earth and Environmental Science Jenolan Caves Field Trip**

Late last term, our Year 12 Earth scientists undertook a field trip to the Jenolan Caves. Surprisingly, it was the first visit there for all the students. A tour of the Imperial Cave highlighted many speleological wonders including stalactites and shawls. The excursion fulfilled mandatory field work for the course and complemented studies of all HSC modules.

Despite the fog, a truck crash and incessant road works, a great day was had by all.

Mr. Walford
HT Science
CUMBERLAND VS WAUCHOPE 2014

WE DID IT!! The Parson’s Shield is finally coming home! The annual contest between Cumberland HS and Wauchope HS is over again for another year. Cumberland hosted the visit this year which was held on June 25-27. What a fantastic event! The final score being 24 – 20 to Cumberland, there was plenty of emotion on the final day. With a new name, a new logo, a new war cry and a new attitude, our students gave it all they had over the 3 days and were the deserving winners. It was a very close and hard fought competition over the three days, with the result coming down to the very last match, Girls Softball, watched by 500 screaming supporters.

There were many highlights throughout the event. Events in which Cumberland were victorious included:

- Mock Trial
- Girls Junior Basketball
- Girls Senior Basketball
- Girls Senior Netball
- Girls Tennis
- Girls Hockey
- Girls Softball
- Boys Junior Basketball
- Boys Opens Basketball
- Junior Boys Football
- Open Boys Football
- Opens Rugby League

As is tradition, each school selected a male and female athlete to receive the honour of most valuable player of the tournament. The awards for 2014 were given to:

- Bradley Stevenson (Year 11)
- Suzi Monaghan (Year 11)

Both these students were extremely deserving of their awards. Each competed in multiple events during the tournament. Furthermore, their accomplishments on the sporting field were only matched by their exceptional conduct and willingness to assist coaches off the field, both during the visit and in the weeks leading up.

Thanks must also be given to our staff members who took on coaching roles. Many hours were spent organising and facilitating training sessions in the weeks leading up to the visit as well during the competition. Our 2014 coaches were:

- Mr Pearson
- Miss Brown
- Miss Nicholls
- Miss East
- Mr Gambino
- Mr Smith
- Mr Scurfield
- Mr Condell
- Mr Phillips
- Mrs Ashton
- Mr Lal
- Mr Thomas

Our Cumberland HS team members must also be acknowledged for their incredible and determined efforts efforts. There were many valiant performances. Many students were competing in several events which often involved playing several games in a day. However, no matter the score, Cumberland spirit was strong until the final whistle. Well done to all team members! The level of dedication displayed by all involved was finally rewarded.

We would like to sincerely thank our billeting families, who housed 95 Wauchope students. This event could not happen without your generosity.

Finally, a huge thank you must go the Mr Pearson. Organising the Cumberland vs Wauchope visit is an enormous task which requires months of planning. His efforts ensured that the 39th Cumberland vs. Wauchope Interschool visit was a success. Thankyou!
Bring on the 40th Anniversary, when we head up to Wauchope next year, planning to keep the shield safely in our hands!

GO COBRAS!!

**SYDNEY WEST ATHLETICS CARNIVAL**

Ten students competed at the Sydney West Athletics Carnival held on Thursday 24th – Friday 25th July, 2014. Our team competed strongly and had some great results.

Well done to all our competitors. Congratulations to the following students who will placed at this carnival and will go on to represent Sydney West at the CHS State Carnival:

- Alannah Kuka – 1st Discus
- Karissa Kuka - 2nd Javelin
- Georgia McPherson – 1st Long Jump, 1st Javelin, 2nd High Jump
- Dusanka Momcilovic – 2nd 100m
- Alex Seyfarth – 2nd Shot Put

**SYDNEY WEST 15s KNOCK OUT BASKETBALL**

The 15s Boys Basketball Team played against Arthur Phillip High School for the Sydney West Competition on Tuesday, 18th June 2014. After a massive effort, the boys were victorious by one point! The second round game is yet to be announced.

The girls team were also the dominant team against Arthur Phillip High School in Round One of the competition, coming away with another victory. The girls team will play Blaxland High School on Tuesday, 29th July 2014. Good luck girls!!

**TERM 3 SPORT**

A reminder that Wednesday afternoon sport is compulsory for all students in Years 8-11. All students must be part of either a Grade Sport team (competing against other schools) or part of a Recreational Sport Group (round robin of activities on school grounds).

**WINTER GRADE SPORT**

*Grade Sport Draw – Winter Competition 2014*

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<th>Term</th>
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<th>Round</th>
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<td>1</td>
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<td>Zone Athletics Day #2</td>
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<td>23/7/14</td>
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<td>9</td>
<td>10/9/14</td>
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<td>Grand Finals (1st vs 2nd)</td>
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Grade Sport continues throughout Term 3. Grade sport commences at 12.35pm and continues until 2.25pm. Teams playing away at the other schools and catching the bus meet at 12:15pm in the COLA.
When traveling away, students are required to catch the sports bus and must purchase a **Sport Bus Pass at a cost of $30** for the competition, payable to the FRONT OFFICE.

- Students will not be allowed to board a bus without a Sport Bus Pass.
- Passes can also be purchased individually at a cost of $6 per week from the FRONT OFFICE.
- Passes are transferable and the same pass may be used for siblings i.e. two students from the same family travelling to an AWAY game will cost $12.

**RECREATIONAL SPORT**

Students are to meet in the COLA for Sports Assembly at 12:35pm on Wednesday afternoons at the conclusion of lunch. Groups will have their roll checked and move off to their designated areas for sport.

**WINTER GRADE SPORT Reminder:**

- FULL SPORTS UNIFORM IS COMPULSORY.
- Failure to meet uniform requirements may result in a grade team **FORFEITING**.
- Sports uniform items may be purchased from the uniform shop.
- SLIP-ON SHOES are NOT PERMITTED under any circumstance.

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**Miss C Brown** *(Head Teacher PDHPE)*

**Miss O Nicholls** *(PDHPE Teacher)*
Cumberland Staff Honoured

During the holidays, our very special PD/H/PE teacher and popular Year 9 student adviser, Ms Olivia Nicholls, was rewarded for her diligent and time-consuming work scoring for basketball games as she was honoured in Melbourne with the Basketball Australia Junior Basketball Statistician of the Year 2013 Award.

Ms Nicholls, whose basketball and softball teams performed extremely well against Wauchope, is to be highly commended on being awarded this prestigious honour!

Scholarships Program

The Rotary Club of Carlingford: Senior Language – Doris Yi

My name is Doris Yi, a Year 12 student; I received the “Rotary Club of Carlingford Senior Language scholarship” presented by Dr Anne Abraham. I was very happy and excited that I was selected as the recipient of this scholarship.

The financial assistance I receive from this will be of a great help to me in paying my educational expenses like textbooks and external study equipment, and it will allow me to concentrate more of my time for studying. Along with the financial benefits the scholarship recipients receive, there is the prestige associated with being awarded a scholarship. My scholarship award is also added to my resume and sometimes there are opportunities to undertake work experience with my scholarship donor or sponsor. It is benefit for everyone to participate in a Scholarship Program.

Doris Yi
Year 12
The Rotary Club of Carlingford: ESL – Yuji Chung

My name is Yuji Chung, and I received a scholarship for ESL from the Rotary Club of Carlingford. This is a great opportunity to assist in my studies both academically and financially. With the scholarship funds, I am planning to buy various resources to improve my academic performance such as textbooks.

I am very glad to be a scholarship recipient as I will have an ability to enhance and improve my knowledge and achieve my goals. I will work hard to ensure that I will be a recipient of the Scholarship Program for next year as well!

I would like to thank The Rotary Club of Carlingford for all their involvement in our school's Scholarship Program.

Yuji Chung
Year 11

Dundas Shopping Business Centre: Senior Mathematics – Joon Young Koh

My Name is Joon Young Koh and I am the scholarship recipient of the Dundas Shopping Business Centre for the area of Senior Mathematics for 2014. Through this unique opportunity, I am able to use the scholarship to purchase textbooks and study guides that will assist me to strive for my best in my last year of study at this school. Being a Year 12 student, this is an important time in schooling life and through this scholarship I have the opportunity to further improve myself and strive for a satisfactory level at the end of year. Scholarships are an amazing opportunity for any student to assist them in their areas of their schooling life and I would urge you to consider and apply for the scholarships that are on offer in 2015.

Joon Young KOH
Year 12

Cumberland High School P&C Association: Sid Rolfe Leadership Award – Rohan Pearson-Bourne

On 19th of March 2014, I received a scholarship from our Cumberland High P&C Association called the “Sid Rolfe Leadership Award”.

With the scholarship, I am going to use it for part of the payment for the new IPad, which is recommended for students in my grade under the new BYOD policy.

The IPad will excel my digital learning and that will definitely assist me in my school studies.
I find it great to receive a scholarship because it gives me an opportunity to make my own choice in how I should continue my studies and help myself improve.

Rohan Pearson-Bourne
Year 9

Uttaran Western Sydney: High Achiever & Service Award – Sean Lim

During the Scholarship Assembly on 24th March 2014, I received the High Achiever and Service Award, sponsored by Uttaran Western Sydney.

Receiving the scholarship would help me to achieve my goals. This is because it recognises my past achievements and contributions. It also provides me with the confidence and encouragement to pursue more dreams and to provide more service, as a high achiever for the school, for the community and for the world. I will use the money wisely by purchasing study guides and books that will assist me during the HSC year.

The benefits of being a scholarship recipient include the recognition of what we have done, and being acknowledged by the school community. This will encourage us to continue to strive for the best.

Lastly, I would like to thank my sponsor, Mrs Hupalo and the Scholarship Committee for their continual involvements and efforts in the Scholarship Program. I also encourage students at Cumberland to apply for a Scholarship next year, as it is a wonderful program which recognises the student body at Cumberland High School.

Qi Xuan (Sean) Lim
Year 12
WEST RYDE ROVERS CRICKET CLUB
SEASON 2014/2015 IMPORTANT NOTICE

The new cricket season is commencing mid September and registration day will be in a couple of weeks!!! We will have In2cricket Milo for boys and girls 4-7 years, Saturday Mornings Modified competition for Under 9s boys & girls Saturday Mornings Under 10-16, Junior competition and Senior Teams

Junior girls teams

Registration Day Details
When: Sunday 27th July
Times: 11am - 4pm
Where: Denistone Sports Club Ltd
59 Chatham Rd West Ryde.

Please don’t hesitate to contact us if you have any questions:
Tim French (Club Secretary) mob: 0402 890 657 email: roverscricket@gmail.com
Bec Di Giulio (Club Junior Registrar) email: rovers.juniorregistrar@gmail.com
Registration Days for both Junior & Senior players in 2014

Sun 3rd Aug 2014 10am-2pm at
CARLINGFORD BOWLING CLUB
Sat 9th Aug 2014 10am-2pm at
Westfield Nth Rocks (outside K-Mart)

Michael BARRY (0419) 018 875 or
michaelbarry67@hotmail.com
Or visit our website
carlingfordwaratah.nsw.crick.com.au

Go on….become a WARATAH in 2014!!

President: Margaret Myhill Ph: 9631 5369
Email Address: dvjru@hotmail.com
The Faculty of Arts
M.A.D 2014
Cumberland High School

Come and see Year 7 + 8 form a large choir to sing Beethoven to Beyoncé.

Our ensembles will be performing: Concert Band, String Ensemble, Rock Bands & Vocal Ensemble.

Soloists will be highlighting the individual talents of our students.

Art and Photography works will be on display.

Tuesday 2 September 2014  7PM
Wednesday 3 September 2014  7PM

Tickets Available from the Front Office & At The Door
Students/Concession $10  Adults $15